

# 2009 REGION 8 TRAINING CAMPS

## NATIONAL TEAM TRAINING CAMP

SEPTEMBER 11-13, 2009

Orlando Metro Gymnastics

Orlando, FL

### NAWGJ SYMPOSIUM

All Level 9 and 10 that qualify to the previous year's Eastern/National Meet  
All active Elite athletes

**Invitations distributed at Regionals.**

**Camps begin at 3:00 on Friday and end at 1:00 on Sunday**

**COST:** \$130.00 per athlete (includes camp, lunch on Sat. and T-shirt)  
\$100.00 per coach or judge (discounts if bringing athletes)

**PROVIDE EMAIL INFORMATION FOR CONFIRMATION OF ENTRY AND FINAL SCHEDULE**

**Camps will fill on a first-come basis.**

*Camps open to all USAG Professional Members.*

### **VOLUNTEERS:**

No fee is required to attend camp and you will be eligible for apparel if your athlete qualifies to JO Nationals!

**MAIL ALL FORMS WITH FEES TO: Debby Kornegay**

REGION 8 WEB PAGE: [Region8gymnastics.org](http://Region8gymnastics.org) 394 Stonebridge Road, Birmingham, AL 35210

# REGION 8 TRAINING CAMP

# NATIONAL TEAM CAMP

TEAM NAME: \_\_\_\_\_

MAILING ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

COACHES NAME: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

NIGHT PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

If your coach is not planning to attend,  
please designate 1 person to pick up all packets for your team: \_\_\_\_\_

**If you would like confirmation of receipt of entry and acceptance to Training Camp please provide email address**

GYMNAST	USAG#	DOB	AGE	2009 LEVEL	2009 REGIONAL SCORE	T-Shirt SIZE	FEE \$130.00

**PETITION: Must fill out separate petition form**

**(Region 8 Petition Form for Level 9/10 Regionals) and mail to Marian Dykes and Brad Harris.**


COACHES ATTENDING	USAG#	Clubs with gymnasts attending COACHES - \$100 Each

**I give my permission for the above information to be used in the Region 8 Address book.**  
 \_\_\_\_\_ Signature

**FIRST COME - FIRST SERVE!**

**TOTALS \$** \_\_\_\_\_

\$25.00 processing fee on all refunds -  
refunds will only be given if gymnast can be replaced  
*No refunds within two weeks of Training Camp*

Please make checks payable to: **REGION 8 USA GYMNASTICS**

**MAIL TO: Debby Kornegay**  
394 Stonebridge Road  
Birmingham, AL 35210  
(205) 951-0184

# REGION 8 TRAINING CAMP 2009

## CLINICIAN APPLICATION

If you will have coaches at the training camp and would like to offer their services to assist as clinicians, please fill in the form below. **THIS IS A VOLUNTARY POSITION.** Clubs will be notified in advance if services will be required. Thank you for your offer! Please plan to work the entire camp.

NAME OF GYM: \_\_\_\_\_

ADDRESS: \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE: \_\_\_\_\_ FAX: \_\_\_\_\_

NIGHT PHONE: \_\_\_\_\_ EMAIL: \_\_\_\_\_ @ \_\_\_\_\_

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Signature

### TRAINING CAMP YOUR COACHES WILL BE ATTENDING AND ARE ABLE TO WORK:

**REGIONAL TEAM CAMP**  
July 24-26, 2009  
Tampa, FL  
Tampa Bay Turners

**National Team Camp**  
September 11-13, 2009  
Orlando, FL  
Orlando Metro  
NAWGJ SYMPOSIUM

**LEVEL 8, 9 & 10 Camp**  
October 3-5, 2008  
Atlanta, GA  
Gymnastix

NAME OF COACHES ATTENDING CAMP FROM YOUR GYM:

1. \_\_\_\_\_ USAG# \_\_\_\_\_ 2. \_\_\_\_\_ USAG# \_\_\_\_\_

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 NATIONALS IN 2009?  YES  NO

DID YOU HAVE GYMNASTS AT LEVEL 10 OR 9 REGIONALS IN 2009?  YES  NO

IS THERE AN EVENT(S) THAT THE COACHES WOULD **NOT** WANT TO BE ASSIGNED TO?

1. \_\_\_\_\_ 2. \_\_\_\_\_

### PLEASE SEND THIS FORM IN BY:

July 7 (Regional Team), August 25 (National Team), September 15 (Lev. 8, 9 & 10)

TO: Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184

*Thank you for offering to help! Your assistance will be greatly appreciated!* You will be contacted with your event and day approximately 30-45 days prior to the Camp date. Everyone who volunteers that had an athlete at Level 9 Regionals or above will be assigned to work! All proceeds from these events will go to the 2009 Region 8 Apparel Fund.

**Support your Region - Support your athletes - Volunteer to work today!**

# TRAINING CAMP REGISTRATION FORM

## FOR COACHES & JUDGES WITHOUT PARTICIPATING GYMNASTS

NAME \_\_\_\_\_  COACH  JUDGE

USAG# \_\_\_\_\_ EXP DATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE \_\_\_\_\_ FAX \_\_\_\_\_

NIGHT PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_ @ \_\_\_\_\_

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\_\_\_\_\_  
Signature

**COST: \$100.00 Coaches \$50.00 Judges**

**REGIONAL TEAM CAMP** (Tampa, FL [7/24&26/09]) DEADLINE 7/7/09 - FIRST COME, FIRST SERVE

**NATIONAL TEAM CAMP/NAWGJ SYMPOSIUM** (Orlando, FL [9/11-13/09]) DEADLINE 8/25/09- FIRST COME, FIRST SERVE

**LEVEL 8, 9 & 10 CAMP** (Atlanta, GA [10/2-4/09]) DEADLINE 9/15/09 - FIRST COME, FIRST SERVE

**Make checks payable to REGION 8 USA GYMNASTICS**

# TRAINING CAMP REGISTRATION FORM

## FOR VOLUNTEER JUDGES Please plan to work entire camp

NAME \_\_\_\_\_ RATING \_\_\_\_\_

USAG# \_\_\_\_\_ EXP DATE \_\_\_\_\_

MAILING ADDRESS \_\_\_\_\_

CITY: \_\_\_\_\_ STATE: \_\_\_\_\_ ZIP: \_\_\_\_\_

DAY PHONE \_\_\_\_\_ FAX \_\_\_\_\_

NIGHT PHONE \_\_\_\_\_ EMAIL \_\_\_\_\_ @ \_\_\_\_\_

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\_\_\_\_\_  
Signature

You will be actively working on the floor. Please check below any event(s) that the judge would **NOT** want to be assigned to?  VAULT  BARS  BEAM  FLOOR

**COST: FREE - If assigned to work camp. National and Brevet rating for National Team Training Camp. Level 10 and above for all other camps.**

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Debby Kornegay, 394 Stonebridge Road, Birmingham, AL 35210 (205) 951-0184