

Dear Coaches and Judges,

It is time to prepare for the NC Congress that will be held at Roses' Gymnastics Center in Greenville on August 7-9. We want to know what you want at your State Congress! List what topics you would like to have covered this year below. It can be anything from pre-school, recreational, team, warm-ups, conditioning, games, spotting, break down of certain skills, parent topics, business topics, judging topics and rules. Also, let us know if you are willing to volunteer to be a clinician this year!

Please take a few moments to fill out the form below and send them back to us by July 3rd. This is your chance to have your requests heard! Thank you so much for your input and we look forward to seeing you in Greenville!

Sincerely,

Your NC State Board

***Please return to Sarah Myers via email: sarahslaptop@triad.rr.com or fax: 336-586-0755

Name: _____ Phone #: _____

Gym: _____ Email: _____

Topic #1: _____

Description of what you would like on the topic: _____

Topic #2: _____

Description of what you would like on the topic: _____

Topic #3: _____

Description of what you would like on the topic: _____

Would you be willing to lead a clinic and if so what topic(s) would you want to discuss?

Would you be interested in taking the Safety Certification Course? _____

Would you need to take the Level 5 or 6 Judging Test? _____