

This message is for coaches of prep optional gymnasts here in North Carolina.

Deb Kornegay has asked that all the states in Region 8 poll their Prep teams to see how coaches will would place their gymnasts in the Prep REgional which will be in Charlotte (Cabarrus County actually) in April, run by Southeastern Gymnastics.

At our Board meeting Saturday night it was decided that NC's levels of Preps will convert in the following way:

- Rookie 1 & 2 will enter Regionals as Bronze
- Novice will enter Regionals as Silver
- Premier will enter Regionals as Gold
- Prep I may enter Regionals either as Platinum or Open

Here's what's needed please by April 13th, Wednesday. Please email back.

Team name: _____

Number of gymnasts you plan to send to the Prep Regionals: _____

In what Regional levels will you place your gymnasts?

Number of gymnasts who would enter Regionals as Bronze level: _____

Number of gymnasts who would enter Regionals as Silver level: _____

Number of gymnasts who would enter Regionals as Gold level: _____

Number of gymnasts who would enter Regionals as Platinum level: _____

Number of gymnasts who would enter Regionals as Open level: _____

North Carolina prep gymnasts must declare their NC level on the optional declaration date.

North Carolina prep gymnasts will declare their intention to go to Prep Regionals on the State Meet entry form.

Thanks ya'll for giving this information. It'll be a great for NC to have the Regionals here, and I'm thinking we're going to support it. The top 6 gymnasts in each Regional level will compete as a NC team. Anone may enter as an individual, but must first compete in the NC State Meet. Team members may pay a second entry fee and also enter as an individual.

Please email me if you have questions.

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