

DATES FOR 2010-2011 COMPETITIVE SEASON NC-USA GYMNASTICS WOMENS' PROGRAM

Please submit invitational and State Meet bids by May 26th. Form is located on next page.

The following dates are important to the 2010-2011 Women's' Competitive JO season.:

November 19 th weekend	Last weekend to qualify for Lv 5/6 and Lv 4 State Meets
December 3 rd weekend	Level 5/6 State Meet Hanukkah begins Dec. 1.
December 10 th weekend	Level 4 State Meet
March 11 th weekend	Last weekend to qualify for 7-10 State Meet
March 25 th weekend	Level 7-10 State Meet

Notice that no date has been set for any of the Prep State Meets.

- The weekend(s) to be used will either be the week of March 18th and/or April 1st.
- Because the Board has not voted on the format for our 2011 Prep rules (adopt whatever the Region presents or stay with North Carolina's) it was decided that picking one or two state meet dates would be putting the cart before the horse.
- The NC Board is also considering putting all Prep levels in one State Meet on one weekend.
- The Regional Board will have a better understanding for the Regional format after the May 21st weekend. Its final vote will be taken at Regional Congress in Atlanta, June 15th.

FYI	April 1st	NCAA Regionals
FYI	April 8 th weekend	Level 7/8 Regionals
FYI	April 15 th weekend	Level 9/10 Regionals & NCAA Nationals
FYI	April 24 th	Easter
FYI	April 29 th weekend	Prep Regionals in Tampa
FYI	May 5 th weekend	Level 9 Easterns
FYI	May 12 th weekend	Level 10 Nationals

Declaration dates for gymnast's competitive level will be on the last qualifying date for each level.

A gymnast may 'tinker' with competing between two consecutive levels during the season, but must have qualified for the state meet that she wishes to enter by the last qualifying date. May qualify for Level 5, try a meet or two at Level 6, but decides she wants to go to Level 5 State Meet. She must requalify for the Level 5 by the declaration date.

